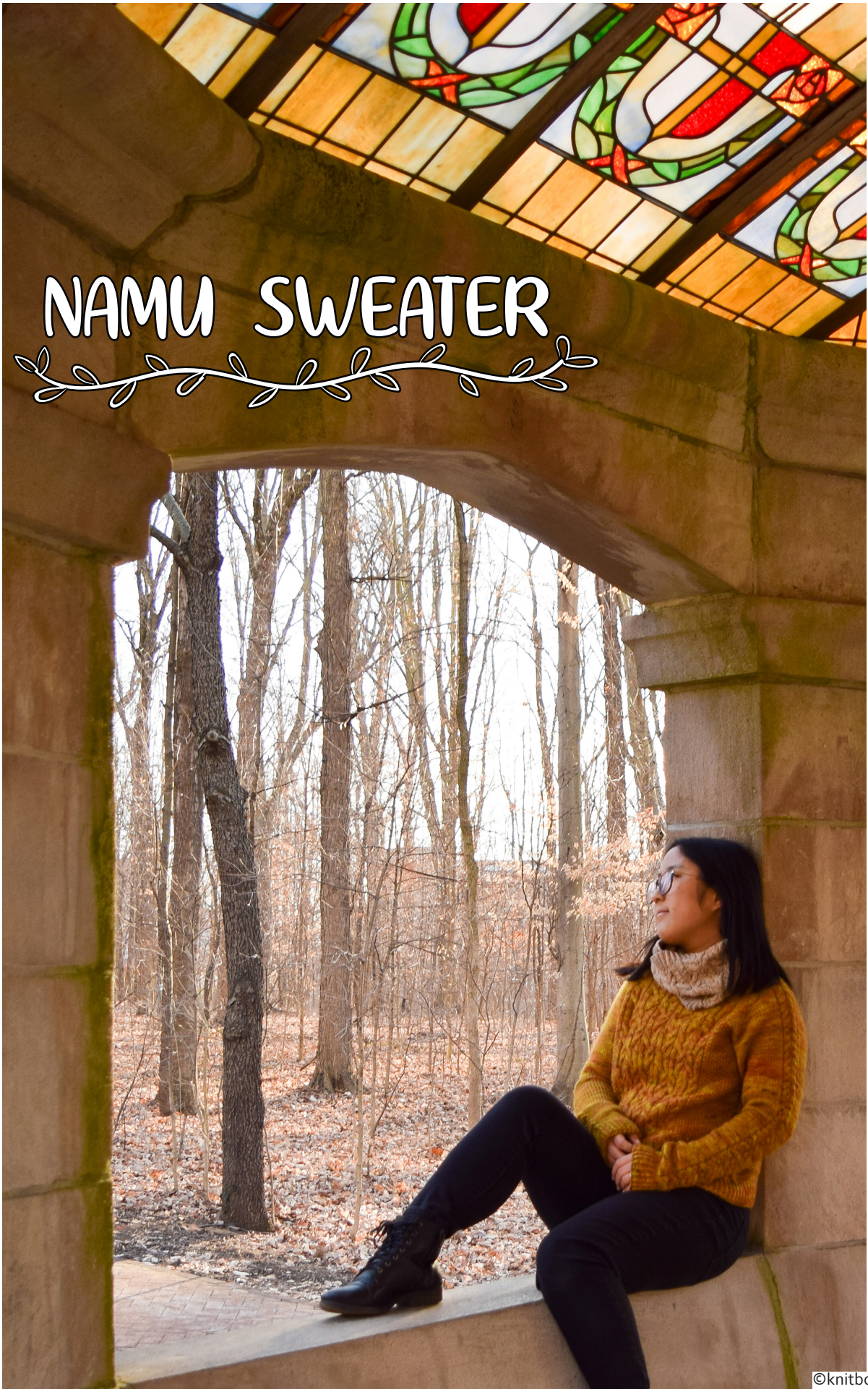


NAMU SWEATER



NAMU SWEATER



SIZES AND YARDAGE:

Size A :	31" (78.75cm) bust / chest, 700 yards
Size B :	35" (88.9cm) bust / chest, 800 yards
Size C :	39" (99.5cm) bust / chest, 850 yards
Size D :	43" (109.2cm) bust / chest, 950 yards
Size E :	47" (119.4cm) bust / chest, 1100 yards
Size F :	51" (129.5cm) bust / chest, 1250 yards
Size G :	55" (139.7cm) bust / chest, 1300 yards
Size H :	59" (149.9cm) bust / chest, 1400 yards
Size I :	63" (160.0cm) bust / chest, 1500 yards
Size J :	67" (170.2cm) bust / chest, 1600 yards

YARN:

Worsted weight.

Suggested yarn:

[Spargur Yarn Co.](#) NSW Merino.

Sample in size E, modeled by Yu Ra and worn with 8" of positive ease, is knit in the colorway Cinnamon Cider.

Economically accessible yarn:

Knit Picks Wool of the Andes Worsted.

Sample in size C, modeled by Yu Ra and worn with 2" of positive ease, is knit in the colorway Persimmon Heather.

NOTIONS AND TOOLS:

Circular needles in sizes US 6 (4.0mm) and US 7 (4.5mm)

Stitch markers to keep track of pattern repeats

Tapestry needle for weaving in ends

Waste yarn

GAUGE:

16 stitches and 22 rows after blocking = 4 inches in stockinette pattern using larger needles.

DIFFICULTY:

Some experience knitting garments may be helpful, but this sweater has been designed as an easy-to-knit beginner pullover.

The sweater is knit top-down and seamlessly in the round.

This pattern heavily utilizes charted instructions!

Don't let the length of this pattern frighten you, though. Simply print out the pages that are relevant to the size that you wish to knit, or download the PDF for the size you want to knit.



NAMU SWEATER



ABBREVIATIONS:

K : Knit.

P : Purl.

BOR : Beginning of round.

pm : Place marker.

sm : Slip marker.

Kfb : Knit in front and back of stitch, 1 stitch increased.

Pfb : Purl in front and back of stitch, 1 stitch increased.

YO : Yarn over, 1 stitch increased.

Ssk : Slip two stitches as if to knit, knit them together through back loop, 1 stitch decreased.

K2tog : Knit two stitches together, 1 stitch decreased.

x/y LC : Left-crossing cable.

Transfer x number of stitches from left needle to cable needle, hold cable needle to **front**, knit y number of stitches, transfer x number of stitches from cable needle to left needle, knit those stitches.

x/y RC : Right-crossing cable.

Transfer x number of stitches from left needle to cable needle, hold cable needle to **back**, knit y number of stitches, transfer x number of stitches from cable needle to left needle, knit those stitches.



NAMU SWEATER



INSTRUCTIONS:

Collar:

Using smaller needles and a [long-tail cast on](#) (or the cast on of your choice), cast on 88 stitches.

Place Beginning of Round (BOR) marker and join to work in the round, being careful not to twist your stitches.

Work a twisted rib (k1tbl, p1) around, for 1.75 inches (4.5cm) from cast on edge.

Yoke Set-Up:

Change to larger needles.

Work an increase round as follows, for each size:

Size B : Slip BOR marker, k1, p1, k1, kfb, k1, p1, k1, kfb, k1, p1, k1, pm (Sleeve 1).
K4, repeat *p1, kfb, p1, k2* two times, repeat *p1, kfb* two times,
repeat *p1, kfb, p1, k2* two times, p1, k4, pm (Front panel).
K1, p1, k1, kfb, k1, p1, k1, kfb, k1, p1, k1, pm (Sleeve 2).
K5, kfb, k4, kfb, k4, kfb, k1, kfb, k1, kfb, k4, kfb, k8, pm (Back panel).
You will have increased 16 stitches.
You should have a total of 104 stitches on your needles, divided as
13 on each sleeve and 39 on the front and back panels.

Yoke Increases:

Now you will proceed to work the yoke increases.

You will be working the sleeve, front, and back panels simultaneously.

The stitch markers you have placed in the previous step will help you remember which part of the sweater you are working on.

Beginning with the BOR marker, you will be working the charts as follows:

Sleeve :: Front :: Sleeve :: Body

Ensuring that you are following the charts for the proper size (sleeve and yoke increase), complete charted instructions (found on following pages).

The back panel is uncharted. Simply increase every other row (whenever you increase for the other panels) as such:

K1, kfb, knit across until 2 stitches remain, kfb, k1.

After completing this section, you should have the following number of stitches:

Size B : 55 :: 81 :: 55 :: 81 (total 272 stitches)

Proceed to the instructions for **Sleeve Separation**.

NAMU SWEATER



Sleeve Separation:

Remove BOR marker.

Transfer 55 sleeve stitches onto waste yarn.

Using the [backwards cast on method](#), cast on 4 stitches, place marker, cast on 4 more stitches (8 stitches cast on for underarm).

The stitch marker will mark the side of your sweater.

Work row 1 of the **front panel, ensuring that you are following the chart for the proper size.**

Transfer 55 sleeve stitches onto waste yarn.

Using the backwards cast on method, cast on 4 stitches, place marker to mark the second side seam, cast on 4 more stitches (8 stitches cast on for underarm).

Knit across back panel until 4 stitches remain.

These 4 stitches should be 4 of the 8 you cast on using the backwards cast on method.

Place a marker. This marker is now the new BOR.

Proceed to the instructions for **Body**.

Body:

Continue with the charted instructions for the front panel.

The back panel is knit in stockinette stitch across.

Keep in mind that the first and final cables of the front chart occur on the “back” panel of the sweater, past the stitch markers that indicate the side seams.

Sections of the charts marked in red are meant to help you keep track of repeats.

Sizes A-G will repeat this section three times.

Sizes H-J will repeat this section four times.

Fully expanded charts are also available.

Since this garment is designed to be unisex, there is no waist shaping built into this pattern. However, if you would like a more fitted sweater, you may insert waist shaping into the back panel. For more instructions on how to do so, check out [this article](#) by Amy Herzog.

Work charted instructions once (44 rows).

Then, work an additional 18 rows in the established pattern, or until you have achieved the desired length.

Switch to smaller needles.

Work in twisted rib (k1tbl, p1) around, for 1.75 inches (4.5cm).

Bind off loosely. I recommend [Lori's twisty bind off](#), but knitting through the back loop instead of the front.

NAMU SWEATER

Sleeves:

You will now pick up stitches to work each sleeve individually.

Using larger needles, transfer the 55 stitches from your waste yarn onto working needles.

Pick up underarm stitches as follows:

Pick up 5 in knit stitches, pm for beginning of round, pick up 5 in knit stitches.

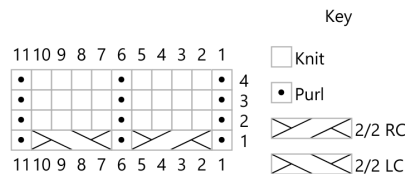
You will be picking up 2 more stitches than what you cast on using the backwards cast on method during sleeve separation. This is to avoid any holes in your underarm stitches.

You will now have 65 stitches for your sleeve.

Your next row will begin with 5 stitches already having been worked.

You will proceed to the following page for sleeve instructions.

Sizes A-E will use cable motif 1:



Size B :

K22, pm to mark beginning of cable motif, **work row 2 of cable motif**, pm to mark end of cable motif, work to end of round.

Continue working the cable motif in your sleeve, beginning from row 3.

At the same time, work a decrease row every 6 rows, as follows:

K1, k2tog, knit to 3 before BOR marker as established, ssk, k1.

Continue in this fashion for 10 more decreases, for a total of 11 decrease sections (22 stitches decreased).

You should have 43 sleeve stitches.

Continue in established cable motif pattern until sleeve measures 17.25 inches (43.8cm), or 1.75 inches (4.5cm) short of the desired length.

Switch to smaller needles, and work twisted rib (k1tbl, p1) around, for 1.75 inches (4.5cm), working the last 2 stitches of the first row as a p2tog.

Bind off loosely and repeat for the second sleeve.

Finishing Up:

Weave in all ends.

Block, and enjoy!

Please feel free to contact me for pattern support.

If you like my work, consider tipping me through ko-fi.com/knitboop

Ravelry: [@knitboop](#)

Instagram: [@knitboop](#)

Feel free to sell completed projects.

However, please do not distribute the pattern without permission.

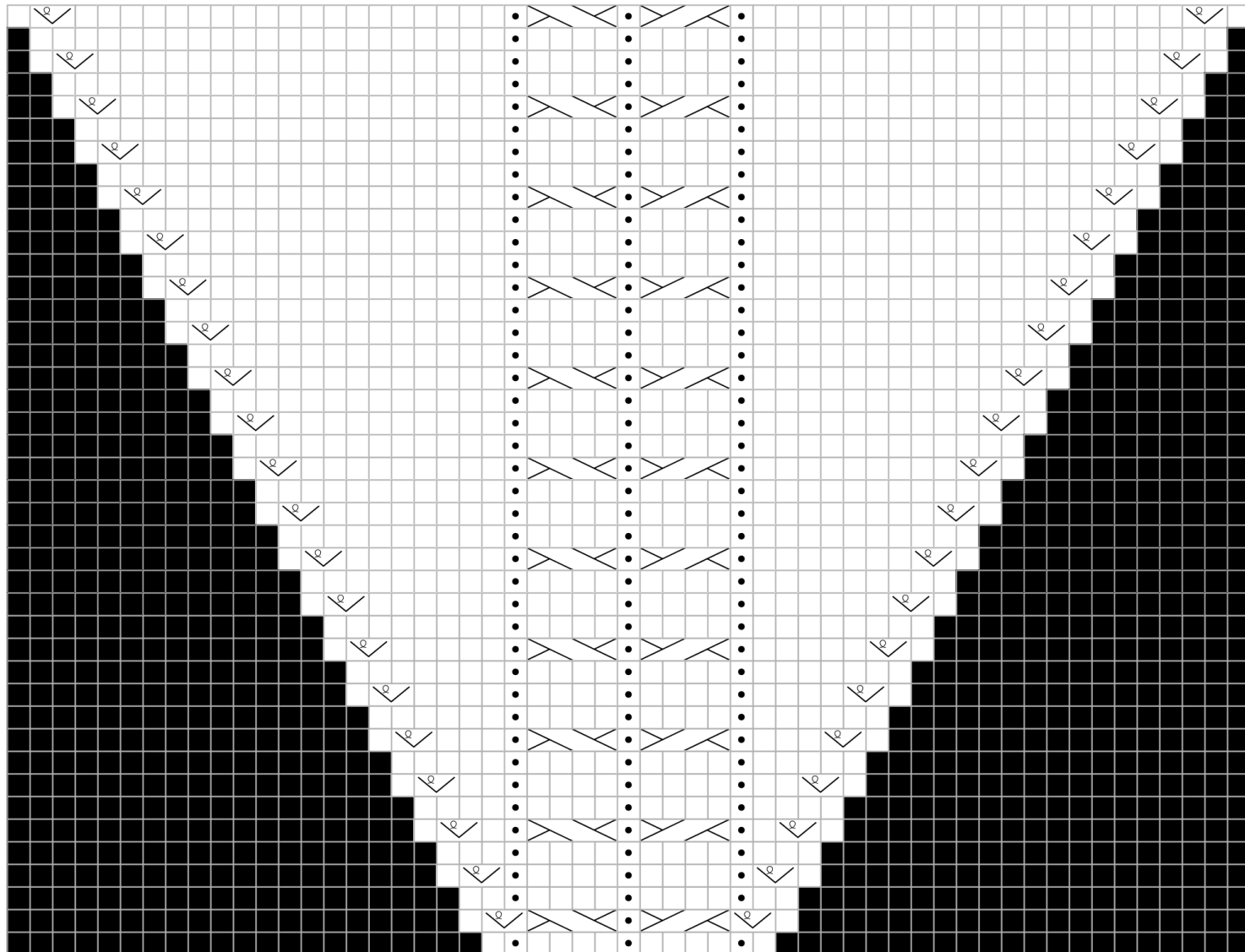
Many thanks to my test knitters [@yourmamadressesfunny](#), [@made_at_linden](#), [@hobbyknits](#), [@halima_things](#), [@knitmoregirls](#), [@ourfreckledlife](#), [@ahiddenpurl](#), [@jennabeanworks](#), [@theolibrarian](#), [@kat_knits](#), [@jensstuffandnonsense](#), [@teafueledliving](#), [@knittingbynature](#), [@hldoubleu](#), [@oh_susquehanna](#), [@daefea](#), [@indoorlifeofvicki](#), [@ktb38](#), and [@pixiedustycarn](#)

Size B: Sleeve Increase






NAMU SWEATER



55 54 53 52 51 50 49 48 47 46 45 44 43 42 41 40 39 38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1



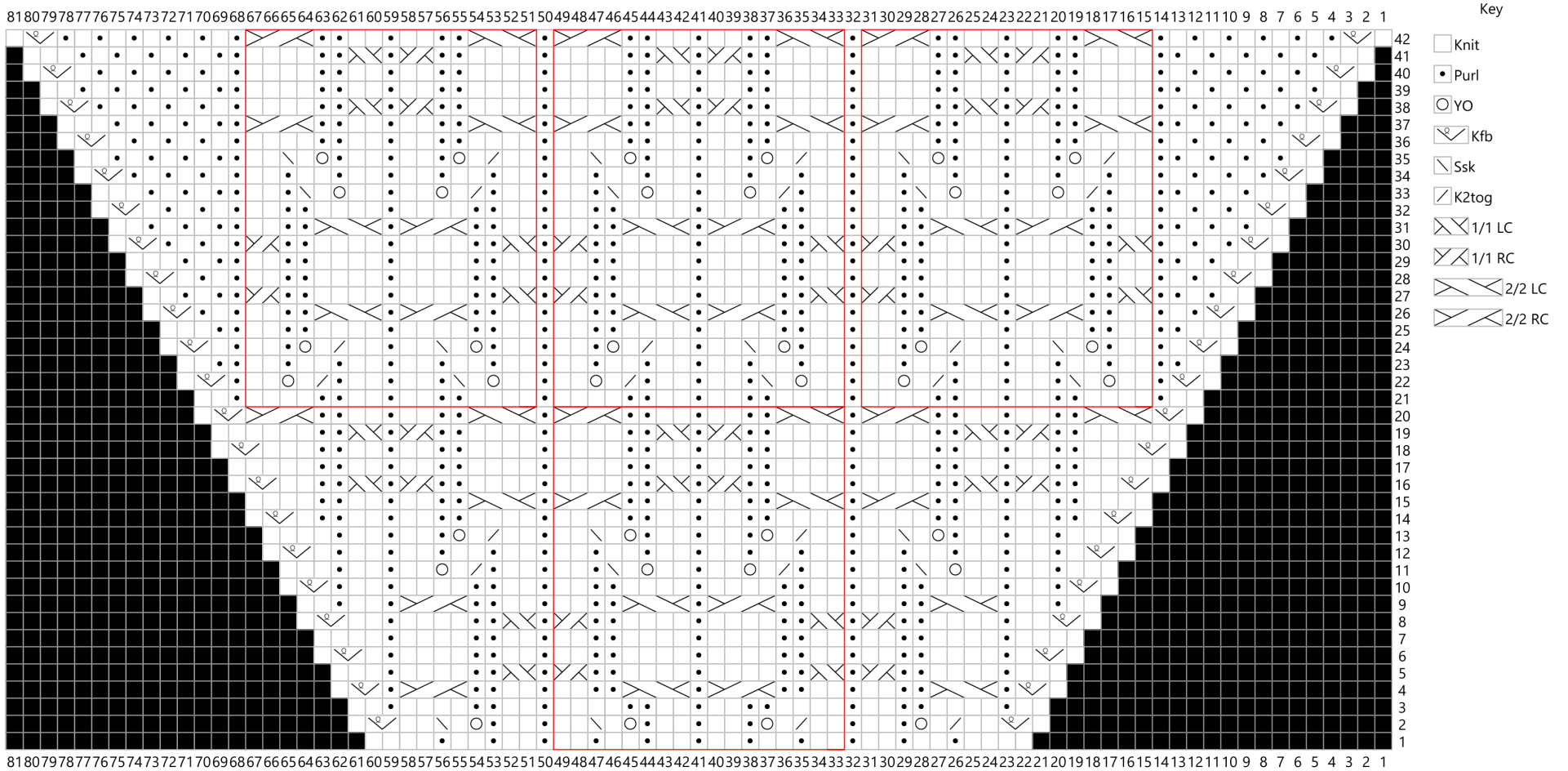
Key

-  Knit
-  Purl
-  Kfb
-  2/2 LC
-  2/2 RC

55 54 53 52 51 50 49 48 47 46 45 44 43 42 41 40 39 38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1

Size B: Yoke Increase

NAMU SWEATER

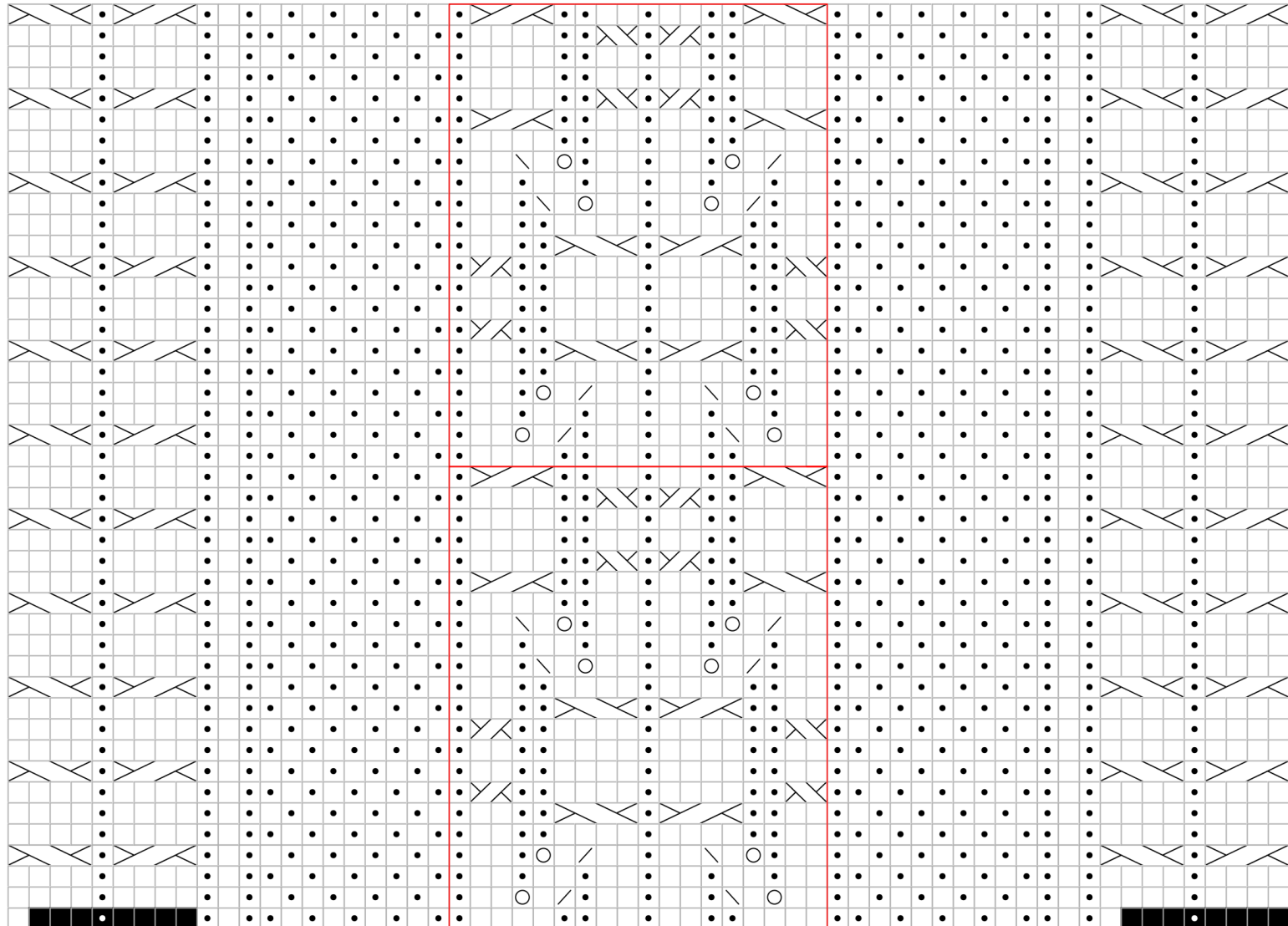



Size B: Body - Front Panel

NAMU SWEATER



61 60 59 58 57 56 55 54 53 52 51 50 49 48 47 46 45 44 43 42 41 40 39 38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1



Key

- Knit
- Purl
- YO
- Ssk
- K2tog
- 1/1 LC
- 1/1 RC
- 2/2 LC
- 2/2 RC
- Repeat three times

61 60 59 58 57 56 55 54 53 52 51 50 49 48 47 46 45 44 43 42 41 40 39 38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1

Size B: Body - Front Panel
(Expanded)

NAMU SWEATER