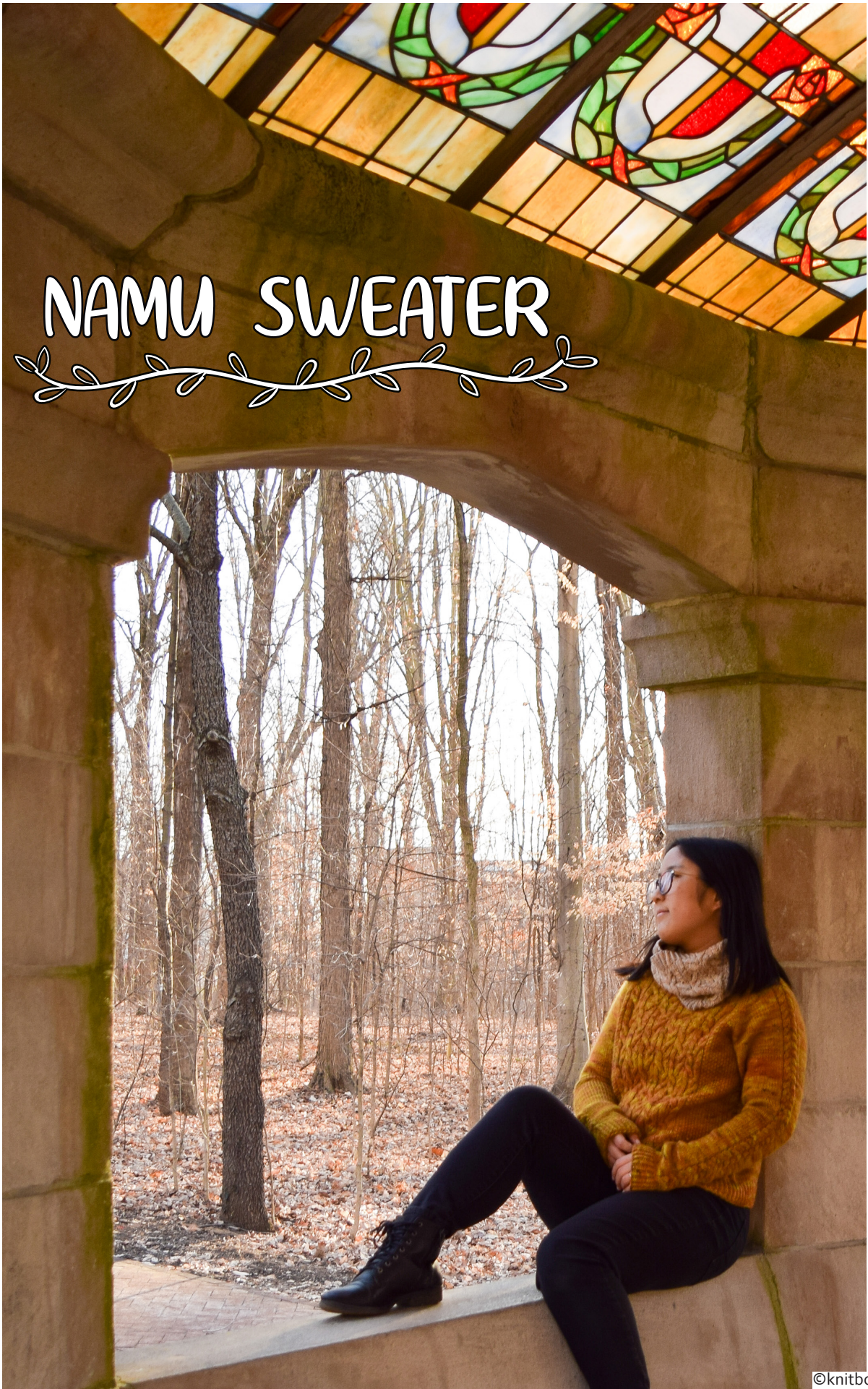


NAMU SWEATER



NAMU SWEATER



SIZES AND YARDAGE:

Size A :	31" (78.75cm) bust / chest, 700 yards
Size B :	35" (88.9cm) bust / chest, 800 yards
Size C :	39" (99.5cm) bust / chest, 850 yards
Size D :	43" (109.2cm) bust / chest, 950 yards
Size E :	47" (119.4cm) bust / chest, 1100 yards
Size F :	51" (129.5cm) bust / chest, 1250 yards
Size G :	55" (139.7cm) bust / chest, 1300 yards
Size H :	59" (149.9cm) bust / chest, 1400 yards
Size I :	63" (160.0cm) bust / chest, 1500 yards
Size J :	67" (170.2cm) bust / chest, 1600 yards

YARN:

Worsted weight.

Suggested yarn:

[Spargur Yarn Co.](#) NSW Merino.

Sample in size E, modeled by Yu Ra and worn with 8" of positive ease, is knit in the colorway Cinnamon Cider.

Economically accessible yarn:

Knit Picks Wool of the Andes Worsted.

Sample in size C, modeled by Yu Ra and worn with 2" of positive ease, is knit in the colorway Persimmon Heather.

NOTIONS AND TOOLS:

Circular needles in sizes US 6 (4.0mm) and US 7 (4.5mm)

Stitch markers to keep track of pattern repeats

Tapestry needle for weaving in ends

Waste yarn

GAUGE:

16 stitches and 22 rows after blocking = 4 inches in stockinette pattern using larger needles.

DIFFICULTY:

Some experience knitting garments may be helpful, but this sweater has been designed as an easy-to-knit beginner pullover.

The sweater is knit top-down and seamlessly in the round.

This pattern heavily utilizes charted instructions!

Don't let the length of this pattern frighten you, though. Simply print out the pages that are relevant to the size that you wish to knit, or download the PDF for the size you want to knit.



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ABBREVIATIONS:

K : Knit.

P : Purl.

BOR : Beginning of round.

pm : Place marker.

sm : Slip marker.

Kfb : Knit in front and back of stitch, 1 stitch increased.

Pfb : Purl in front and back of stitch, 1 stitch increased.

YO : Yarn over, 1 stitch increased.

Ssk : Slip two stitches as if to knit, knit them together through back loop, 1 stitch decreased.

K2tog : Knit two stitches together, 1 stitch decreased.

x/y LC : Left-crossing cable.

Transfer x number of stitches from left needle to cable needle, hold cable needle to **front**, knit y number of stitches, transfer x number of stitches from cable needle to left needle, knit those stitches.

x/y RC : Right-crossing cable.

Transfer x number of stitches from left needle to cable needle, hold cable needle to **back**, knit y number of stitches, transfer x number of stitches from cable needle to left needle, knit those stitches.



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INSTRUCTIONS:

Collar:

Using smaller needles and a [long-tail cast on](#) (or the cast on of your choice), cast on 102 stitches.

Place Beginning of Round (BOR) marker and join to work in the round, being careful not to twist your stitches.

Work a twisted rib (k1tbl, p1) around, for 1.75 inches (4.5cm) from cast on edge.

Yoke Set-Up:

Change to larger needles.

Work an increase round as follows, for each size:

Size I : Slip BOR marker, **kfb three times**, p1, **kfb three times**, p1, **kfb three times**, p1, **kfb three times**, pm (Sleeve 1).
Kfb, p2, **kfb two times**, p1, **kfb two times**, p2, **kfb**, p1, **kfb**, p2, **kfb two times**, p1, **kfb two times**, p2, **kfb**, p1, **kfb**, p2, **kfb two times**, p1, **kfb two times**, p2, k2, pm (Front panel).
Kfb three times, p1, **kfb three times**, p1, **kfb three times**, p1, **kfb three times**, pm (Sleeve 2).
Kfb, k2, **kfb two times**, k1, **kfb two times**, k2, **kfb**, k1, **kfb**, k2, **kfb two times**, k1, **kfb two times**, k2, **kfb**, k1, **kfb**, k2, **kfb two times**, k1, **kfb two times**, k4, pm (Back panel).

You will have increased 58 stitches.

You should have a total of 160 stitches on your needles, divided as 27 on each sleeve and 53 on the front and back panels.

Yoke Increases:

Now you will proceed to work the yoke increases.

You will be working the sleeve, front, and back panels simultaneously.

The stitch markers you have placed in the previous step will help you remember which part of the sweater you are working on.

Beginning with the BOR marker, you will be working the charts as follows:

Sleeve :: Front :: Sleeve :: Body

Ensuring that you are following the charts for the proper size (sleeve and yoke increase), complete charted instructions (found on following pages).

The back panel is uncharted. Simply increase every other row (whenever you increase for the other panels) as such:

K1, kfb, knit across until 2 stitches remain, kfb, k1.

After completing this section, you should have the following number of stitches:

Size I : 83 :: 109 :: 83 :: 109 (total 384 stitches)

Proceed to the instructions for **Sleeve Separation**.

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Sleeve Separation:

Remove BOR marker.

Transfer 83 sleeve stitches onto waste yarn.

Using the [backwards cast on method](#), cast on 4 stitches, place marker, cast on 4 more stitches (8 stitches cast on for underarm).

The stitch marker will mark the side of your sweater.

Work row 1 of the **front panel, ensuring that you are following the chart for the proper size.**

Transfer 83 sleeve stitches onto waste yarn.

Using the backwards cast on method, cast on 4 stitches, place marker to mark the second side seam, cast on 4 more stitches (8 stitches cast on for underarm).

Knit across back panel until 4 stitches remain.

These 4 stitches should be 4 of the 8 you cast on using the backwards cast on method.

Place a marker. This marker is now the new BOR.

Proceed to the instructions for **Body**.

Body:

Continue with the charted instructions for the front panel.

The back panel is knit in stockinette stitch across.

Keep in mind that the first and final cables of the front chart occur on the “back” panel of the sweater, past the stitch markers that indicate the side seams.

Sections of the charts marked in red are meant to help you keep track of repeats.

Sizes A-G will repeat this section three times.

Sizes H-J will repeat this section four times.

Fully expanded charts are also available.

Since this garment is designed to be unisex, there is no waist shaping built into this pattern. However, if you would like a more fitted sweater, you may insert waist shaping into the back panel. For more instructions on how to do so, check out [this article](#) by Amy Herzog.

Work charted instructions once (44 rows).

Then, work an additional 46 rows in the established pattern, or until you have achieved the desired length.

Switch to smaller needles.

Work in twisted rib (k1tbl, p1) around, for 1.75 inches (4.5cm).

Bind off loosely. I recommend [Lori's twisty bind off](#), but knitting through the back loop instead of the front.

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Sleeves:

You will now pick up stitches to work each sleeve individually.

Using larger needles, transfer the 83 stitches from your waste yarn onto working needles.

Pick up underarm stitches as follows:

Pick up 5 in knit stitches, pm for beginning of round, pick up 5 in knit stitches.

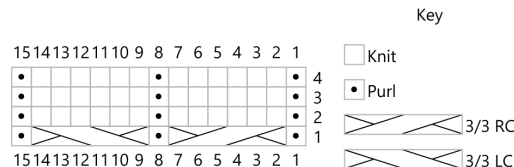
You will be picking up 2 more stitches than what you cast on using the backwards cast on method during sleeve separation. This is to avoid any holes in your underarm stitches.

You will now have 93 stitches for your sleeve.

Your next row will begin with 5 stitches already having been worked.

You will proceed to the following page for sleeve instructions.

Sizes F-J will use cable motif 2:



Size I :

K34, pm to mark beginning of cable motif, **work row 4 of cable motif**, pm to mark end of cable motif, work to end of round.

Continue working the cable motif in your sleeve, beginning from row 1.

At the same time, work a decrease row every 3 rows, as follows:

K1, k2tog, knit to 3 before BOR marker as established, ssk, k1.

Continue in this fashion for 16 more decreases, for a total of 17 decrease sections (34 stitches decreased).

You should have 59 sleeve stitches.

Continue in established cable motif pattern until sleeve measures 20.25 inches (51.4cm), or 1.75 inches (4.5cm) short of the desired length.

Switch to smaller needles, and work twisted rib (k1tbl, p1) around, for 1.75 inches (4.5cm), working the last 2 stitches of the first row as a p2tog.

Bind off loosely and repeat for the second sleeve.

Finishing Up:

Weave in all ends.

Block, and enjoy!

Please feel free to contact me for pattern support.

If you like my work, consider tipping me through ko-fi.com/knitboop

Ravelry: [knitboop](https://www.ravelry.com/people/knitboop)

Instagram: [@knitboop](https://www.instagram.com/knitboop)

Feel free to sell completed projects.

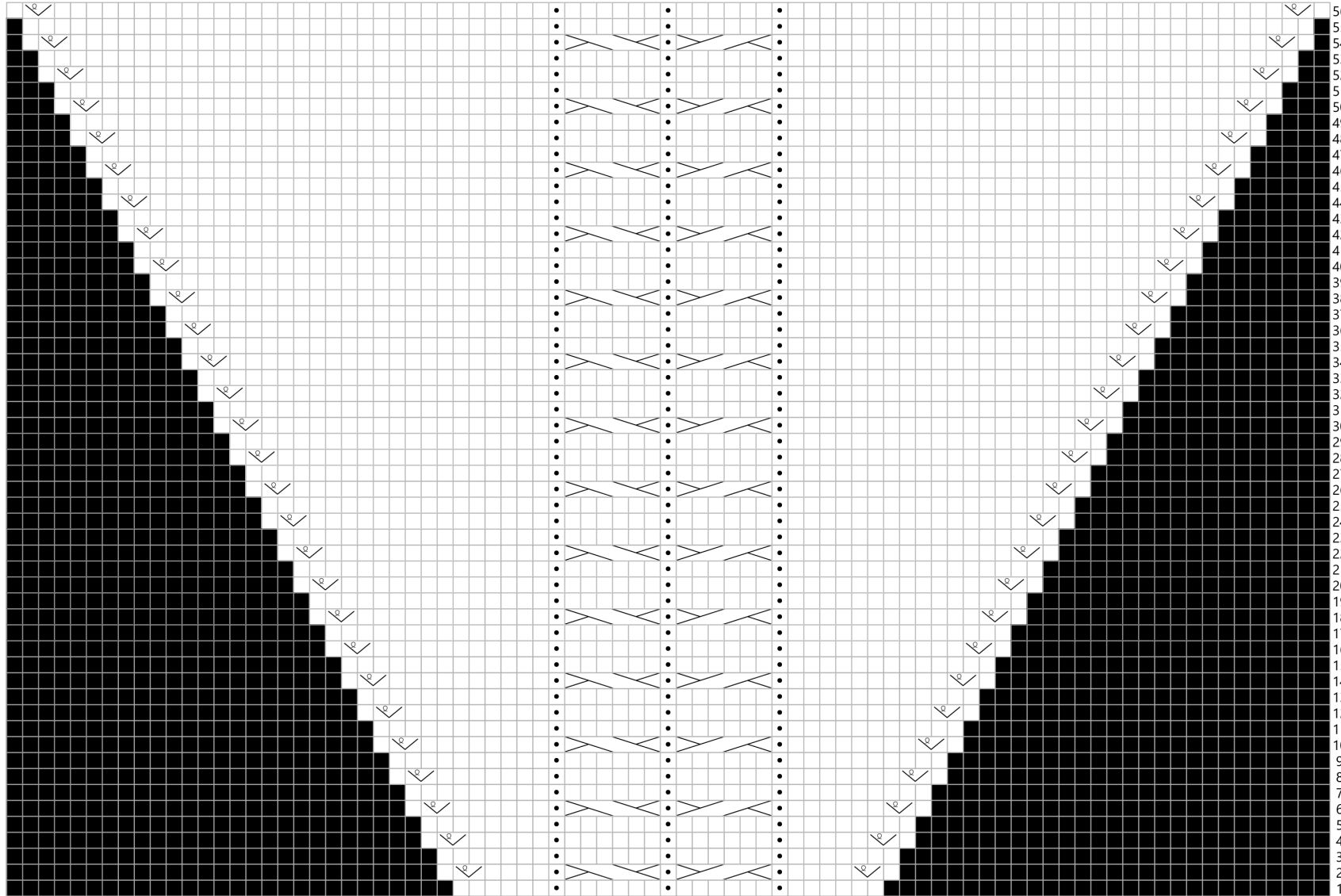
However, please do not distribute the pattern without permission.

Many thanks to my test knitters [@yourmamadressesfunny](https://www.instagram.com/yourmamadressesfunny), [@made_at_linden](https://www.instagram.com/made_at_linden), [@hobbyknits](https://www.instagram.com/hobbyknits), [@halima_things](https://www.instagram.com/halima_things), [@knitmoregirls](https://www.instagram.com/knitmoregirls), [@ourfreckledlife](https://www.instagram.com/ourfreckledlife), [@ahiddenpurl](https://www.instagram.com/ahiddenpurl), [@jennabeansworks](https://www.instagram.com/jennabeansworks), [@theolibrarian](https://www.instagram.com/theolibrarian), [@kat_knits](https://www.instagram.com/kat_knits), [@jensstuffandnonsense](https://www.instagram.com/jensstuffandnonsense), [@teafueledliving](https://www.instagram.com/teafueledliving), [@knittingbynature](https://www.instagram.com/knittingbynature), [@hldoubleu](https://www.instagram.com/hldoubleu), [@oh_susquehanna](https://www.instagram.com/oh_susquehanna), [@daefea](https://www.instagram.com/daefea), [@indoorlifeofvicki](https://www.instagram.com/indoorlifeofvicki), [@ktb38](https://www.instagram.com/ktb38), and [@pixiedustycarn](https://www.instagram.com/pixiedustycarn)

Size I: Sleeve Increase

NAMU SWEATER

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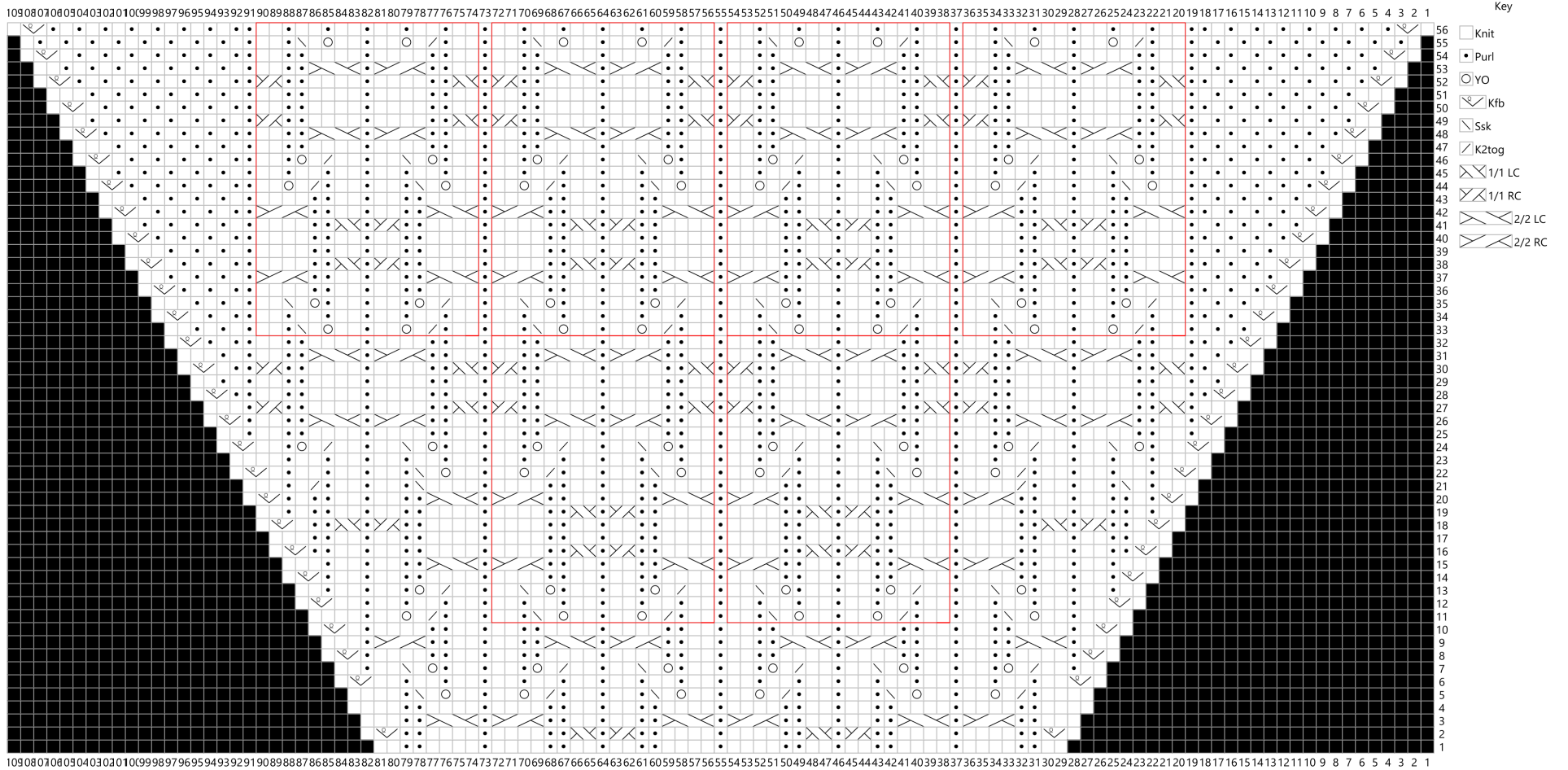
Key

- Knit
- Purl
- ∩ Kfb
- ⋈ 3/3 LC
- ⋈ 3/3 RC

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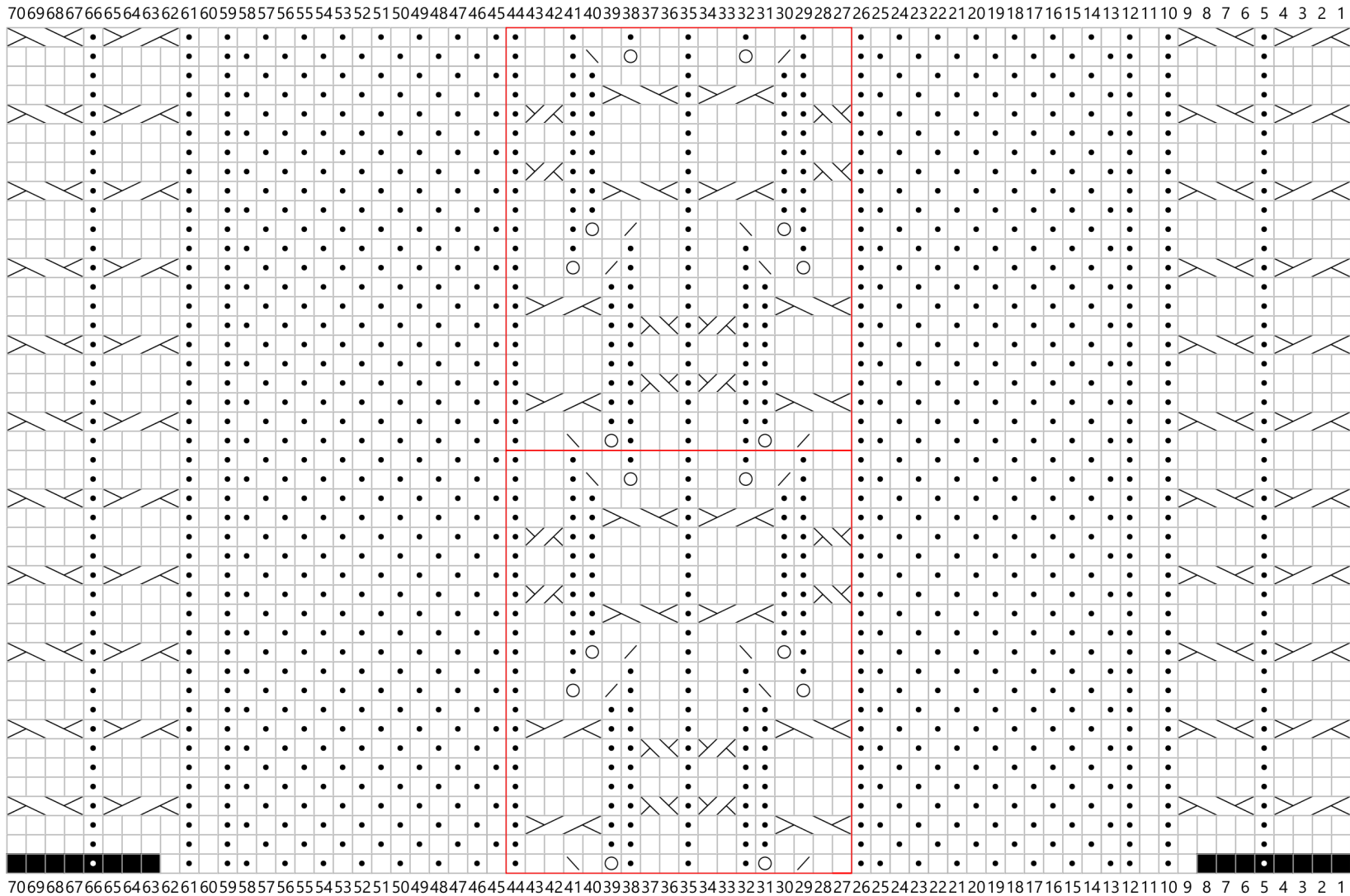
Size I: Yoke Increase

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Size I: Body - Front Panel

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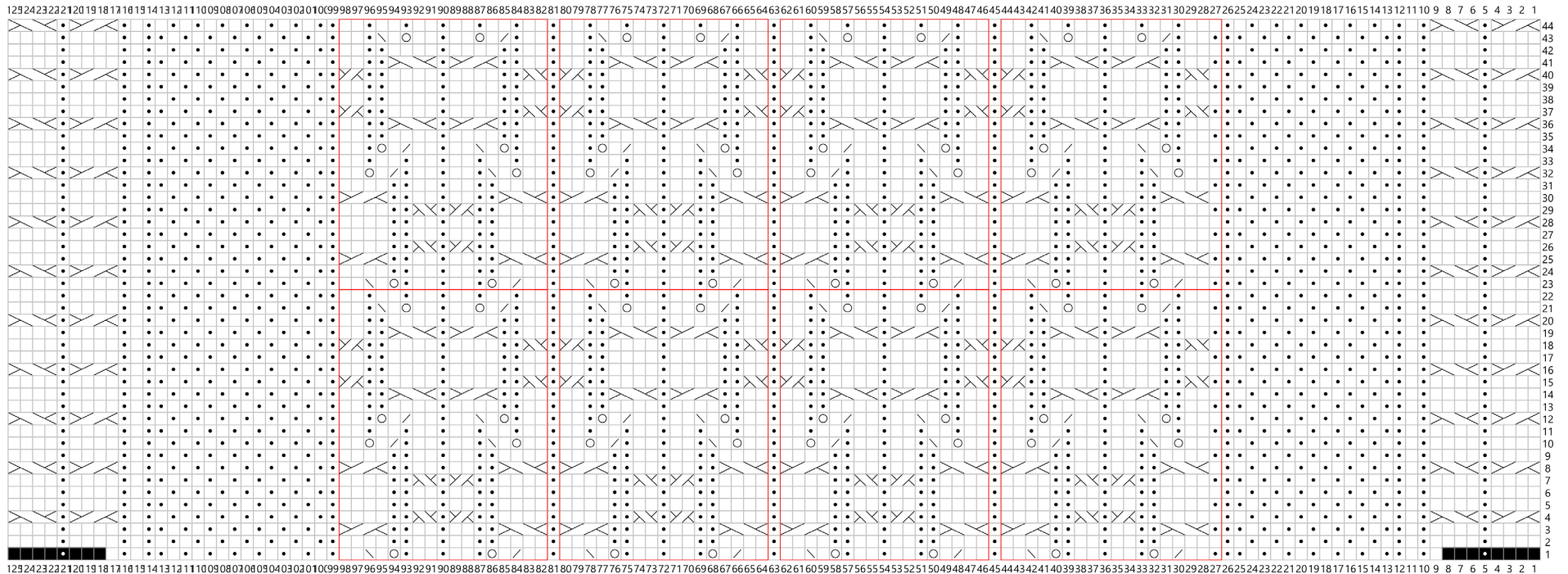



Key

- Knit
- Purl
- YO
- Ssk
- K2tog
- 1/1 LC
- 1/1 RC
- 2/2 LC
- 2/2 RC
- Repeat four times

Size I: Body - Front Panel
(Expanded)

NAMU SWEATER

Key

- Knit
- Purl
- YO
- Ssk
- K2tog
- 1/1 LC
- 1/1 RC
- 2/2 LC
- 2/2 RC